CMAS 3rd World Championship
Parasport Finswimming

25th – 29th NOVEMBER 2026
Lignano Sabbiadoro (UD) - ITALY

WELCOME MESSAGE OF PRESIDENT'S FEDERATION

It is my distinct pleasure to invite you to the ***3rd CMAS Freediving and Finswimming Paralympic World Championship***, taking place in Lignano Sabbiadoro (Udine), Italy, at the Bella Italia EFA Village, from **25 to 30 November 2026**.

Following the success of the first two editions, Italy is honoured to host this prestigious event once again. This Championship holds paramount importance for FIPSAS, reflecting the extraordinary progress and growth that Paralympic Freediving and Finswimming have achieved in recent years.

We are fully committed to delivering an event of the highest calibre. We sincerely hope this Championship will inspire widespread participation, driving further momentum for the international paralympic movement.

I take great pleasure in extending a cordial welcome to the international Delegations at this early stage, alongside my warmest greetings to all competitors. I trust that, together, we will experience days filled with enthusiasm and the truest spirit of sportsmanship.

Finally, I want to express my deepest gratitude to the FIPSAS Regional Committee of Friuli Venezia Giulia for their invaluable cooperation in organizing this event. My thanks also go to the local Authorities, Institutions, officials, coaches, staff and athletes. I am confident that their dedication will ensure the absolute success of this edition.

To all the Athletes, I offer my warmest encouragement: may the best competitor prevail!

FIPSAS President
Prof. Ugo Claudio Matteoli

For further information, please contact us at the following address:
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Viale Tiziano, 70 – 00196 Roma
E-mail: subacquea@fipsas.it
Tel. + 39 06-8798.0513

THE CITY OF LIGNANO SABBIADORO

Lignano Sabbiadoro stands on a long sandy peninsula covered with pine trees, the southwestern end of the beautiful Marano lagoon nature reserve. Its slight slope, the sandy beach in front of the Coast of Istria, a safe bathing for families and the active nightlife, make it a popular resort for Italian and foreign tourists. The extreme point of the peninsular area is divided into three districts: Lignano Sabbiadoro is one of them and is accompanied by Lignano Pineta, 1 km further south, and Lignano Riviera, more recent but still all centred in its natural features, also given the close ness of the Tagliamento River. In total there are just under 7,000 residents. The name of the resort was originally Lignano, in 1935 'Sabbiadoro' was added exclusively for promotional purposes. The development of the tourist resort began in the early twentieth century, when after the reclamation began the construction of some bathing establishments, however accessible only by boat from the lagoon. Before that, nothing existed in these places, except a small area of refuge for some fishermen. The ancient plans of the Serenissima, duly compiled by the so-called Water Savi, made no mention of either the name or the characteristic of the area, considered in the complex of the important lagoon territory. The wonderful beach, however, could not go unnoticed for much longer and the first hotel was built in 1903. Its urban growth, however, was delayed, not only because of the malarial area in the vicinity, but also because of the lack of basic infrastructure: it had to wait more than two decades before the construction of the main and vital road artery. Today's city has reached the maturity of urban planning and infrastructure in the best way and presents itself with a wide variety of attractions. Moving between its neighbourhoods is possible through urban transport managed by the SAF, but Lignano is also to be explored on foot or perhaps by bike. Riviera, the western part of the peninsula is characterized by the villas and residential condominiums, all gracefully decorated with beautiful pine trees; Pineta, in the city centre, has a modest shopping mall, famous beaches and a plethora of venues suitable for evening and night fun; Sabbiadoro, at the extreme tip of the peninsula, contains a lively shopping mall and even more night and cultural life than the previous ones. The hotel presence in general is remarkable. For those who want to enjoy the maximum stay at the seaside, we recommend the baths of Lignano, located in the Riviera area and immersed in the centuries-old pine forest (directions: waterfront R. Riva 1) or even the numerous spas and fitness centers of the city. In addition to the exclusively seaside attractions, Lignano also offers some historical and naturalistic itineraries. The original farmer's core, placed close to the lagoon, has two typical rural houses of sure interest, probably dated from the 17th century. The religious cult for centuries has concentrated in the small church of St. Zacharias and the fifteenth century church of Santa Maria, in the resort of Bevazzana, and in the interior of which is noticed a series of frescoes of the 15th century. The Hemingway Park is a park of botanical interest that covers 4 hectares of land and is named after the famous American writer who visited the resort during his stay in Italy. The writer is also dedicated to the prestigious "Ernest Hemingway Lignano Sabbiadoro Prize" in journalism,

fiction and non-fiction. The Punta Verde Zoo Park is a natural oase with ponds, animals (1200 specimens belonging to 200 different species) in semi-open areas and eco-environmental paths.
The nature in Lignano is also enriched by the UNICEF Park, born in the late 1980s, dedicated to children in as many as 4 hectares of entertainment between skating rinks, mini golf, swimming pools, bike paths and much more.
The natural attraction, however, remains the Oase of the Wwf Laguna in Marano. Birdwatchers will be able to observe birds of prey such as the marsh hawk, the osprey, the buzzer, the small and real hen harrier, the kestrel, the brown kite. Don't miss it.

CITY MAP OF LIGNANO SABBIADORO

How you can get to Lignano Sabbiadoro

You can get to Lignano Sabbiadoro by various ways of transportation:

By Car - on the highway (motorway)

By car you can reach Lignano driving on the A4 Venice - Trieste motorway or on A23 motorway linking Tarvisio and Venice; the motorway exit for Lignano is made at Latisana, following the local road no 354 which ends at Lignano.

By Bus - Bus Stations

There are many bus lines which regularly depart from the northern part of Italy towards Lignano. There are special buses linking important cities in Germany, Switzerland and Austria to Lignano. More information about bus schedules and timelines: Biglietteria Autostazione Viale Gorizia, 26 Tel. 0039 043171373

Bus Station Lignano SAF:
www.saf.ud.it

By Train - Train Stations Latisana. Train station is just 20 km away from Lignano. From Latisana train station you can access by train Venice (Mestre) and its neighboring airports as well as Trieste, Udine and other main cities in Italy. Lignano and Latisana are linked by regular bus lines.

Italian Railways Website: www.trenitalia.com

By Plane - Airports

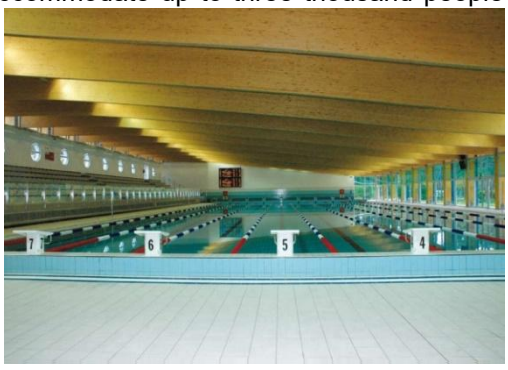
The nearest airports to Lignano are *Ronchi dei Legionari* in Trieste, just 58 km away from Lignano Sabbiadoro, *Marco Polo Airport* in Venice, 100 km away from Lignano Sabbiadoro, and *San Giuseppe Airport* in Treviso, 110 km away from Lignano Sabbiadoro.

City: Trieste
Airport: Ronchi dei Legionari
Telephone: 0039040631484
Website: www.aeroporto.fvg.it
City: Venice
Airport: Marco Polo
Telephone: 00390412606111
Website: www.veniceairport.it
City: Treviso
Airport: St Joseph
telephone: 0039042220393
Website: www.trevisoairport.it

OFFICIAL COMPETITION POOL AND TRAINING

BELLA ITALIA SPORTS VILLAGE

The 3rd CMAS Finswimming Paralympic World Championship 2026 will be held in Lignano Sabbiadoro (UD), at the Bella Italia Sports Village, located in a valuable position within the urban fabric of Lignano Sabbiadoro, in Central Avenue, 29. It consists of a modern tourist-social center, nestled in 60 hectares of verdant pine forest. The tranquility, fragrant aroma of pines and sea saloons, the clear sea and the beach front reserved exclusively for guests of the Village (1120 meters long and 60 meters deep) create the ideal environment for toning individual holidays or groups, in the name of sport, relaxation and fun. Twelve kilometres of roads and trails run throughout the area, creating amene solutions for racing, running, promenade and plain air, all routes can be excluded from car traffic. The whole village is dotted with outdoor sports camps; it also offers some high-quality solutions for all sports disciplines indiscriminately within the multifunctional palace, which can accommodate up to three thousand people and, for water sports, in the two indoor and conditioned pools, of which one Olympic.



SOME CALL OUTS FOR PARTICIPATION

Only national federation teams affiliated to the CMAS are eligible to compete in the competition. Each national team should respect the rules of Championship, the safety conditions set by the organizers and CMAS rules and regulations.

REGISTRATION
- Entries must be submitted to CMAS portal within deadlines https://portal.cmas.org/login
- Registration has to be done through National federation's account.
- If the National federation has not yet an account pls contact CMAS admin via email address: joaojose@cmas.org

ATHLETE'S DOCUMENTS
- All athletes must be registered in CMAS Portal.
- Sport License is mandatory for all competitors (issued at the CMAS Portal by the National Federation).
- The payment of a sports license is carried out on-line on the CMAS Portal upon registration for the Championship.
- Athletes from the countries with no active National Federation may request Super License via CMAS portal.

DOCUMENTS TO BE UPLOADED INTO ATHLETE'S PROFILE AT CMAS PORTAL:
- Personal Insurance.
- ADEL certificate (WADA) if you have already this certificate.
- Medical certificate not older than 12 months.
- ID document- Passport.
- Portrait photo.

Athletes who fail to provide the above documents will not be allowed to take part in the competitions and their participation fee will not be refunded.

DISABILITY CLASSES

The minimum age to participate in the World Championship is 14 years.

Finswimming Disability Classes (Male and Female)	
Class of motor disabilities	FS1 - FS2 - FS3 - FS4 (Unified Relay – the sum of the disability classes cannot be greater than 12)
Class of visually impairment	FS11 - FS12 - FS13
Class intellectual/relational disabilities	FS21 - FS14 (Relay FS21 and FS14)
Class of deafness:	FS15

The swimmers exit the pool under order of the judges.

SPECIALTIES

The Championship includes the following specialties:
Finswimming distances from the rules (SF – Surface/ BF – Bifins).

➢ 50 m	BF	SF	Men/Women
➢ 100 m	BF	SF	Men/Women
➢ 200 m	BF	SF	Men/Women
➢ 400 m	BF	SF	Men/Women
➢ 50 m	Apnea		Men/Women

Relay:

The relays are mixed, composed by two men and two women.
The distances are 4x50m SF and 4x50m BS.

Paralympic finswimming provides separate relays for athletes with physical impairment and for those with intellectual-relational impairment.

The composition of the relays follows the rule of the sum of the sports classes to which the four relay runners belong which must not exceed (but may be lower) a certain score. For athletes with motor disabilities from FS1 to FS4 the total sum of the individual sports classes allowed is 12 points.

Athletes with intellectual disabilities make up relays of only FS14 athletes and only FS21 athletes respectively.

Each Country, for each class of disability envisaged, cannot register more than two swimmers men and two swimmers women for each distance and one team for each scheduled relay.

INTERNATIONAL JURY

CMAS Technical Delegate according to the CMAS rules.

CLASSIFICATION AND AWARDS

According to the CMAS rules.

PROTEST

According to the CMAS rules.

DOPING CONTROL

FIPSAS guarantees to provide doping control in accordance with the rules WADA and CMAS.

VARIOUS

National teams should bring **three (3)** national flags (m 2,00 x m. 1,00) and a CD with the national anthem (short version).

SCHEDULE

The Championship program is as follows:

WEDNESDAY, NOVEMBER 25

09:00 – 12:30 Arrival and check-in of Delegations; checking of documents and issue of badges
12:30 – 13:30 Lunch
14:00 – 18:30 Arrival and check-in of Delegations; checking of documents and issue of badges
15:30 – 18:30 Training dynamic freediving and finswimming (50 m pool) (only for delegations that have been accredited and whose athletes are in possession of the badge)
19:30 – 20:30 Dinner

THURSDAY, NOVEMBER 26

09:00 – 12:30 Medical room checking Paralympic Athlete Classification
Training dynamic freediving and finswimming (50 m pool)
Training static freediving (25 m pool)
12:30 – 13:30 Lunch
14:00 – 19:00 Medical room checking Paralympic Athlete Classification
Training dynamic freediving and finswimming (50 m pool)
Training static freediving (25 m pool)
19:00 – 19:30 Technical meeting in swimming pool
19:30 – 20:30 Dinner

FRIDAY, NOVEMBER 27

07:00 – 08:00 Breakfast
09:30 – 10:30 Opening Ceremony in swimming pool
10:30 – 11:00 Warm Up Finswimming World Championship in 50 m swimming pool
11:15 – 12:45 Start competition Finswimming World Championship: 50 m apnea M/W – 50 m SF M/W – 50 m BF M/W – ~~4x50 m SF Absolute M/W – 4x50 m BF Absolute M/W (50 m swimming pool)~~
Finswimming Award Ceremony (at the end of competition)
13:00 – 14:00 Lunch
14:30 – 15:00 Warm Up Dynamic Freediving without Fins (DNF) World Championship in 50 m swimming pool
15:00 – 17:30 Start competition Dynamic Freediving without Fins (DNF) World Championship: M/W in 50 m swimming pool
Dynamic Freediving without Fins (DNF) Award Ceremony (at the end of competition)
19:30 – 20:30 Dinner

SATURDAY, NOVEMBER 28

07:00 – 08:00 Breakfast
08:30 – 09:00 Warm Up Dynamic Freediving (DYN and DYNBF) World Championship in 50 m swimming pool

09:00 – 12:00 Start competition Dynamic Freediving (DYN) and Dynamic Freediving with Fins (DYNBF) World Championship: M/W in 50 m swimming pool
Dynamic Freediving (DYN and DYNBF) Award Ceremony (at the end of competition)
12:30 – 13:30 Lunch
14:00 – 14:30 Warm Up Finswimming World Championship in 50 m swimming pool
14:45 – 18:45 Start Competition Finswimming World Championship: 100 m SF M/W – 100 m BF M/W – 200 m SF M/W – 200 m BF M/W – 400 m SF M/W – 400 m BF M/W – ~~4x50 m SF Absolute mixed (2W+2M) – 4x50 m BF Absolute mixed (2W+2M) (50 m swimming pool)~~
Finswimming Award Ceremony (at the end of competition)
19:30 – 20:30 Dinner

SUNDAY, NOVEMBER 29

07:00 – 08:00 Breakfast
08:30 – 09:00 Warm up Static Freediving World Championship in 25 m swimming pool
09:00 – 12:00 Start Competition Static Freediving (STA) World Championship M/W in 25 m swimming pool
Static Freediving (STA) Award Ceremony (at the end of competition)
12:30 – 13:30 Lunch

MONDAY, NOVEMBER 30

07:00 – 09:00 Breakfast
09:00 Check-out and Departure of Delegations

The organisers reserve the right to modify the order and times of events to meet technical and organisational needs.

ACCOMMODATION

BELLA ITALIA SPORTS VILLAGE

The center consists of thirteen residences with 700 rooms, able to accommodate up to two thousand eight hundred people. The rooms are all with reserved indoor toilets, widely lit with direct light, some with balcony and sea views; accessibility to them is free of any barrier; many are predisposed to accommodate people with disabilities.

BOOKING & ENTRY FEES

Finswimming Paralympic World Championship from **25/11/2026 to 29/11/2026**
Entry fee per participant is **400,00 Euro in multiple rooms.** Extra charges for **single room** is **50,00 Euro/day**.
The organizer will provide:

- Accommodation in three-star hotels with double or triple hotel rooms full board;
- Drinking water during the meals included.

Full board accommodation is considered as breakfast, warm lunch, warm dinner and water drink per meal included.

Participants who choose to be accommodated in hotels other than official will have to pay 200,00 Euro per pax for secretarial fees and competition. No local transfers will be provided.

- Transfers from international airport to hotel and return, extra fees, **60,00 Euro / pax minimum 5 people**. **Less than 5 people the price will be 100,00 Euro / pax**.
- Extra charges for single room ascend to **50,00 €** per pax per day.

Training camp before Championship

For the team they want to organize training camp before the Championship:

- Extra day charged at **100,00 Euro** per pax per day including full board accommodation (breakfast, lunch, dinner and water drink per meal included).
- The cost of renting a lane in swimming pool is **50,00 Euro per lane per hour**.

ATTENTION

Later registrations will not be accepted.

1. PAYMENT

Minimum 50% of total entry fee should be deposited at our bank no later than **September 30th** to guarantee the booking. After this date **September 30th**, the participation fees will increase by a further 10% of total amount. The remaining payment should be made on arrival. The organizer will only accept transfers (bank charges will be charged to the remitter).

Bank cheque and credit card will not be accepted.

Minimum 50% of total entry fee must be paid, via bank transfer, to:

Account holder: FIPSAS EVENTI

IBAN: IT69F0538703246000049386167

BIC/SWIFT: BPMOIT22 XXX

(Reason for payment: Fee Finswimming Paralympic World Championship 2026 – Lignano Sabbiadoro – name of the Country ……)

2. VISA

If you require a visa, please contact the embassy or consulate in your country at least forty 40 days prior to entry.

3. VARIOUS

Electrical current is 220V.

DEADLINE – CONDITION FOR ENTRY AND PARTICIPATION

- **No later than September 15th 2026**
  - Registration and payment of CMAS fees subscription on https://portal.cmas.org/login
- **No later than September 15th 2026**
  (Annex 1) The preliminary declaration of participation and registration form should be sent to the CMAS and to the FIPSAS.

- **No later than September 30th 2026**
  (Annex 2) Final hotel booking form and entry fee should be sent to the FIPSAS. Send also copy of "bank transfer".
- **No later than October 31st 2026**

    - Registration entries must be entered online through https://portal.cmas.org/login
    - **(Annex 3)** The list form should be sent to the FIPSAS.
- **No later than October 31st 2026**
    - Sport personal notice of athletes should be sent to the FIPSAS.

By paying the participation fee for the Finswimming World Championship, the athletes can also take part in the Freediving World Championship.

For further information, please contact us at the following address:

E-mail: subacquea@fipsas.it